

November School Lunch

Available daily: tossed salad, apples, oranges, carrots, canned fruit, yogurt, cold water, choices of milks include skim, 1% white and fat free chocolate.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fruit and vegetable bar available at most meals.			1 ham/cheese sandwich, cole slaw, pineapple, cottage cheese, milk Fruit and vegetable bar	2 delicious taco bar with milk to drink and a brownie for dessert Fruit and vegetable bar	3 hot dogs, nice "n" hot chili, corn, fruit salad, milk Fruit and vegetable bar	4 tater tot casserole, t. salad, rolls, pudding, milk Fruit and vegetable bar	5 cooks choice 
<u>Menu is subject to change</u>	6 cooks choice	7 chicken nuggets, fries, tropical fruit cocktail, graham crackers, milk Fruit and vegetable bar	8 turkey slice, scalloped potatoes, macaroni salad, corn, WG roll, sugar cookie, milk Fruit and vegetable bar	9 potato bar with WG snack and a fresh fruit and vegetable bar, ice cream cup for dessert and milk to drink	10 beef stew, corn bread, honey, fruited jello, milk Fruit and vegetable bar	11 sloppy jo/bun, potato salad, carrots & peas, milk Fruit and vegetable bar	12 cooks choice
	13 cooks choice 	14 hamburger/ bun, let. & tom. baked beans, pears, graham cracker, milk Fruit and vegetable bar	15 egg rolls, tasty brown rice, stir fry vegetables, fortune cookie Fruit and vegetable bar	16 pizza bar with chocolate cake for dessert and ice cold milk to drink Fruit and vegetable bar	17 turkey gravy, m. potatoes, gr. beans, c. cheese, WG rolls, tasty pears, milk Fruit and vegetable bar	18 "the best" chicken alfredo, peas, garlic bread, milk Fruit and vegetable bar	19 cooks choice 
	20 cooks choice	21 chicken alfredo, rolls, tossed salad, canned fruit, milk Fruit and vegetable bar	22 cooks choice <i>Travel Home</i> Tossed salad and canned fruit	23 Home	24 Home 	25 Home	26 No lunch served
	27 No lunch served 	28 burritos, seasoned brown rice, stir fry vegetables, fruit salad, milk Fruit and vegetable bar	29 Chicken noodle casserole, peas, bread stick, sunshine salad, sugar cookie, Fruit and vegetable bar	30 breakfast bar with ice cold milk to drink Fruit and vegetable bar	1 macaroni and cheese, little smokies, peas, grape salad, milk Fruit and vegetable bar	2 chipotle chicken sandwich, potatoes, green beans, fresh fruit salad, milk Fruit and vegetable bar	3 cooks choice 